

4YOUTH Be Your Change CIC

Portreath Summer 2026 – Impact Report

Supporting, engaging and empowering young people in Portreath

1. Introduction

During the summer holidays of 2026, **4YOUTH Be Your Change CIC** delivered a programme of fun, creative and engaging activities for young people in Portreath.

The programme was designed to provide young people with opportunities to meet others, try new experiences, develop skills and, most importantly, have a safe and welcoming place to spend time during the summer holidays.

Our approach has always been about meeting young people where they are. Not every young person feels comfortable in traditional youth provision, so we have focused on creating relaxed, inclusive activities where young people can participate at their own pace, build relationships and feel valued.

The summer programme was made possible through the support and partnership of **Portreath Parish Council**, alongside other local organisations and businesses who helped us deliver a varied programme of activities.

2. Summer Programme

Throughout the summer, young people were able to take part in a range of different activities, including:

Smoothie Workshop

Young people had the opportunity to create their own smoothies, experiment with different ingredients and spend time together in a relaxed environment.

We would like to thank **Jay Bird Deli** for welcoming us and giving the young people the opportunity to create their own smoothies while enjoying the welcoming atmosphere of the deli.

Air-Dry Clay Workshops

Our air-dry clay sessions allowed young people to let their creativity flow.

Young people were able to design and create their own pieces while chatting, relaxing and spending time with friends. The sessions were particularly valuable for creating a calm environment where young people could simply enjoy being themselves.

Cooking Activities

Cooking activities gave young people the opportunity to develop practical life skills while having fun.

Preparing food together encouraged communication, teamwork and independence, while also providing a great opportunity for young people to socialise.

Podcast Workshop

The podcast activity gave young people the chance to explore podcasting and the importance of having their voices heard.

It provided an opportunity to develop communication skills, confidence and creativity while exploring a form of media that many young people are familiar with.

DJ Workshop

Our DJ workshop gave young people the opportunity to explore music and have a go at using DJ equipment.

Alongside the DJ activity, young people were able to play games, socialise and enjoy a fun and energetic afternoon.

3. Outreach and Chips & Chill

Alongside our organised summer activities, 4YOUTH continued to engage with young people through outreach and our **Chips & Chill** provision.

Our outreach work allows us to meet young people in the community rather than expecting them to come to us.

During outreach sessions, we have been able to:

- Check in with young people and see how they are doing.
- Have informal conversations about their lives, friendships and plans.
- Promote upcoming summer activities.
- Signpost young people to appropriate support.
- Encourage positive use of community spaces.
- Encourage young people to take pride in their local area.
- Build trusting relationships with young people who may be less likely to engage with traditional services.

This informal approach is an important part of our work and helps us identify young people who may need additional support.

4. Engagement

Across the summer programme, **55 young people engaged with 4YOUTH summer activities.**

This demonstrates the demand for positive youth activities within Portreath and the importance of continuing to provide accessible opportunities for young people locally.

The range of activities also meant that young people could choose activities that suited their interests.

For some young people, this meant being creative through art and clay. For others, it was music, DJing, podcasting, cooking or simply having somewhere safe to spend time with friends.

5. Impact on Young People

The summer programme has provided young people with opportunities to:

Build confidence

Trying something new in a supportive environment can help young people develop confidence and recognise their own abilities.

Develop new skills

Activities such as cooking, DJing, podcasting and creative workshops provided practical and transferable skills.

Build positive relationships

The sessions encouraged young people to meet others, develop friendships and build positive relationships with trusted adults.

Express themselves

Creative activities and podcasting provided opportunities for young people to express their ideas, personalities and creativity.

Feel included

Our activities were designed to be relaxed and inclusive, recognising that young people have different needs, interests and confidence levels.

Have positive experiences



Most importantly, the programme gave young people opportunities to have fun, make memories and enjoy their summer holidays.

This information is based on feedback received from the young people.

6. Partnership Working

A key part of the success of the summer programme has been partnership working.

We would like to give a huge thank you to **Portreath Parish Council** for their continued support and partnership.

Their support has helped us provide positive opportunities for young people within the local community and continue developing our youth provision in Portreath.

We would also like to thank the organisations, businesses and individuals who have supported individual activities and helped make the summer programme possible, including:

- **Truro Nourish Hub**
- **Jay Bird Deli**
- **Pod Cafe**
- Our volunteers and supporters
- Everyone who has helped deliver or support our activities

Partnership working allows us to offer young people a much wider range of experiences than we could provide alone.

7. Community Impact

Our outreach work also provides an important link between young people and the wider community.

We believe that young people should feel that they have a place within Portreath, that their voices matter and that they are welcomed and valued within their community. Investing in young people benefits not only the young people themselves but the wider community.

By providing positive activities and regular youth engagement, we are helping young people to feel connected to their community and encouraging them to make positive use of their time.

8. Looking Forward

The summer programme has demonstrated the value of continued youth provision in Portreath.



The engagement we have seen shows that young people want opportunities to meet, socialise, learn new skills and take part in activities that are relevant and enjoyable to them.

4YOUTH would like to continue building on the relationships developed throughout the summer and provide ongoing opportunities for young people to engage with us.

Our aim is to continue working alongside **Portreath Parish Council and local partners** to develop youth provision that is accessible, inclusive and responsive to the needs of local young people.

9. Thank You

We would like to thank **Portreath Parish Council** for their continued support, partnership and belief in the importance of providing positive opportunities for young people.

And finally, thank you to all of our partner organisations, businesses, volunteers and supporters.

Together, we are helping young people Be Their Change.

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